



The Mum's guide to Romford



Summer Time

Scavenger Hunt

Take a walk in your local park. How many of these can you see, hear, smell, touch and do?

Things to see

3 different shaped leaves

worms

a child on a scooter

ducks and ducklings

clouds shaped like animals

people riding bikes

ladybirds

something that lives in water

birds nest

butterflies

Things to hear

seagulls

an aeroplane overhead

bees buzzing

water running

a bird singing



Things to smell

a flower

fresh cut grass

sun cream

petrichor-the smell of rain

Things to touch

bird seeds

green moss

grass with your bare feet

something rough & something smooth

a green leaf



Things to do

find an open space and run as fast as you can

fly a kite

roll down a grassy hill

lie on the grass and look at the clouds

