

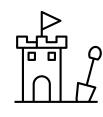


The Essentials

- \bigcirc Sun hats and suncream
- Baby powder/talc
- \bigcirc Snacks & drinks
- \bigcirc Spare bag for wet items
- \bigcirc Double fitted sheet
- Camping towels
- Beach shoes
- Wipes/wet flannel
- Sand toys
- First aid items
- Change of clothes
- Bag for your rubbish take it home!

The Extras

- O Pop up tent or shelter
- Parasol
- \bigcirc Pop up paddling pool
- O Wind break
- \bigcirc Sand repelling mats
- O Beach buggy cart



















Please ensure you enjoy days out in a Covid safe way and follow Government guidelines www.mumsguideto.co.uk/romford